



# International Disaster Emergency Service, Inc.

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Dear Pine Lake Christian Church

**1 Peter 5:7 says, Cast all your anxiety on him because he cares for you.**

Earlier this month I read a magazine article that talked about how God wants us to be free from anxiety. The writer quoted a devotion she read by Gary Zimak. It said, "*If God wants us to be free from anxiety, it must be possible to stop worrying!*" He said the way, he believed, was to use a one-day-at-a-time method for banishing worry from your life. He shared that if you do, the exercise will bring you closer to God. He went on to give verses like **Matt. 11:28 "Come unto me, all who labor and are heavy laden and I will give you rest."** And **Col. 3:2, Set your mind on things that are above, not on things that are on earth."**

That is not always easy when you are living a busy life, full of problems. If we do pray, we are asking God for help. The author of the magazine article realized that she needed to stop asking God for things and start focusing on him. She decided that the best thing is to start thanking him. She began thanking God for simple things. When she did that, she discovered how easy it was to talk with God. Pretty soon she realized that when she spent time thanking God, her "problems" took a back seat and her life fell into place.

I started doing the same and found how right she is. Today I thank God for the beautiful fall colors, the warm sunshine in the midst of the cool temperatures, and the walking trail behind our office that allows us to enjoy his creation. I'm thankful for our partners in foreign countries that go the extra mile to be the hands and feet of Jesus. I'm thankful for churches stateside who are willing to reach out to help people who have lost their homes in disasters and need to know about Jesus. And I am thankful for you that you have taken the time to share your blessings with us so we can pass those blessings on to our partners and churches so they can keep reaching others for Christ.

May God bless you for your gift and may you find many things in your life to be thankful for.

*Rita L. Camden*

Rita Camden  
Finance Director

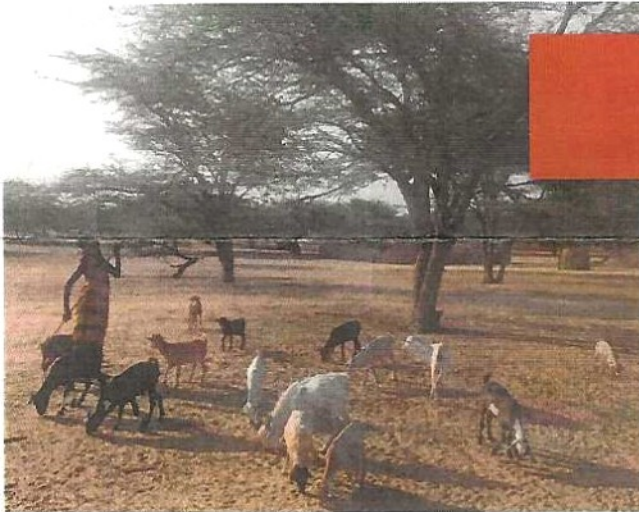
CONTRIBUTION RECEIPT

received for this donation.

# PRAYING FOR OUR PARTNERS

In the U.S. and Abroad

Nov. 2025



## KENYA

DV

**IDES has been active with one of our partners in the Turkana region of Kenya through development work. We are working with partners to drill a well to help provide irrigation to 10 families. Pray that this water will lead to Gospel conversations and many will hear of the love of Jesus.**

DR

## TN/NC

**As we head closer to the end of the year, our disaster response team continues to work hard on rebuilding/remodeling in the TN and NC area. Pray for operations to go smoothly and for the families receiving homes to know Jesus.**



## SE ASIA

DR

**As Internally Displaced People (IDP's) flee from conflicts, hunger has been a major problem. With a drought and civil unrest, it has been hard for people to find work. IDES is partnering with trusted partners to help provide food. Pray for physical needs to be met and for Jesus to be received by those who are in need.**